



## Your Resource Coordinator:

Name: **Sarah Allerton**

Cell phone: **(802) 578-4265**

Email: **sarah@unitedwaynwvt.org**

Mail: **412 Farrell Street, Suite 200  
South Burlington, VT 05403**

On-site Resource Coordination day and time:

**Northwestern Medical Center**

**Thursdays**

**Alternating weeks**

**6:00 to 10am & 1:00 to 5:00pm**

**in the Rail City Room**

**FREE • CONFIDENTIAL • ON-SITE**



# Life happens.

When the unexpected comes your way, Working Bridges is here to help.

Northwestern Medical Center has partnered with Working Bridges to provide resources and assistance to help you overcome work-life challenges, so you can focus on being the best employee you can be. Working Bridges services are free, confidential and on-site.

## YOUR WORKING BRIDGES RESOURCE COORDINATOR CAN HELP YOU WITH:



HOUSING



TRANSPORTATION



CHILD CARE



CAREGIVER SUPPORT



LEGAL ASSISTANCE



BUDGETING



DEBT MANAGEMENT



HEALTH INSURANCE



MENTAL HEALTH REFERRALS



... AND MUCH MORE!

# We're here to help.



United Way of  
Northwest Vermont